



Swimming

As part of the National Curriculum, schools are required to provide swimming instruction to all pupils to ensure that they are able to swim competently, confidently and proficiently over a distance of at least 25 metres by the time they leave Primary School. At Ladymount all pupils in KS2 will attend swimming lessons each year to help them achieve this.


All children will attend swimming lessons as swimming does form part of the PE Curriculum and therefore is a compulsory aspect of their PE education.

As we are fortunate to live on a peninsula, we feel that it is ever more important to ensure that our children leave Ladymount as competent and confident swimmers.

Swimming Kit:

- Girls - A one piece swimsuit (not bikinis)
- Boys - Swimming trunks (not swimming shorts)
- Towel
- Swimming goggles are optional
- Verruca socks if necessary
- Swimming caps are compulsory for girls and boys with long hair.
- Still soft drink
- Inhalers should be handed to class teacher, if required

(Swimming kits will be sent home each day to be washed and returned for the following lesson).



Correct Swimwear



Incorrect Swimwear

