

Resource 2

Look at the resource below, which shares more information about holidays and why we have them. Do we need to travel to go on holiday? Could one person's definition of a holiday differ to another's?

What is a holiday?

A holiday is an extended period of leisure or recreation, especially one spent away from home or travelling.

To spend quality time with family or friends.

To spend time doing an activity or hobby they enjoy doing.

To experience different weather.

Could you do these things without having to travel?
Is it possible to have a holiday from home?

To destress and unwind and not think about work.

To experience and explore a new place.

Why do people go on holiday?

To have something to look forward to.

Pictured below: typical holiday destinations.

Can you think of any other reasons why people go on holiday?
Why do you go on holiday?

To refresh their body and mind.

