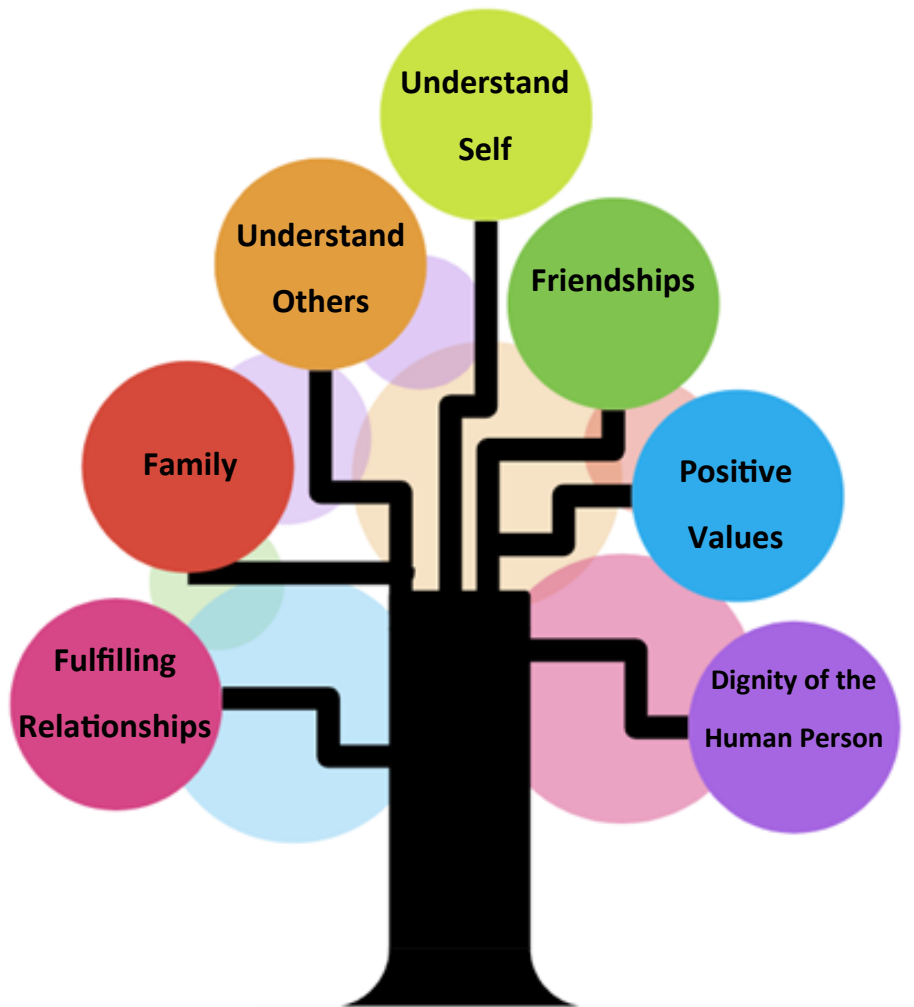




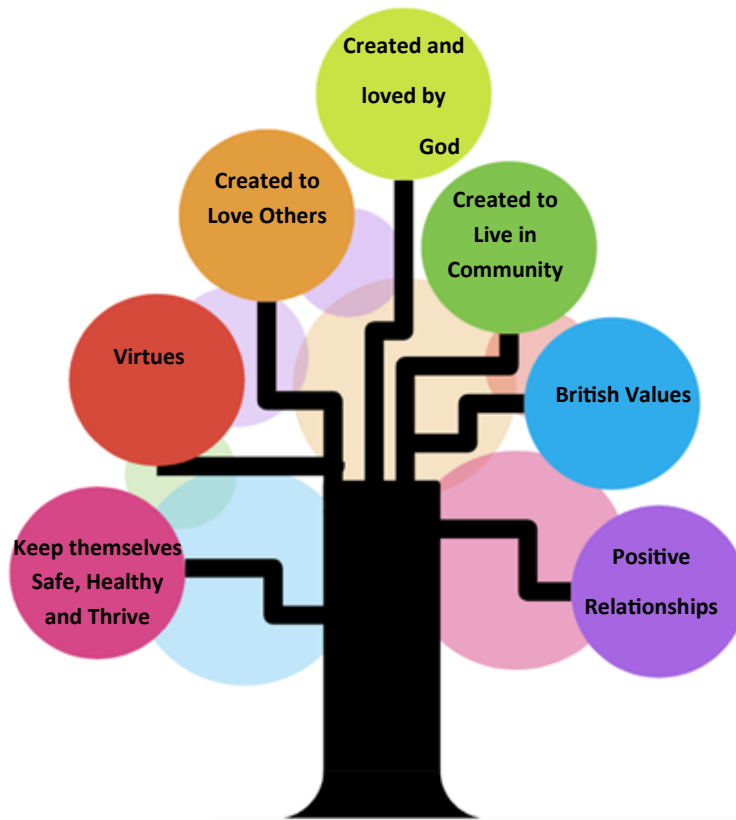
## RSHE : INTENT



At Ladymount, RSHE ensures our pupils are equipped with the knowledge, understanding, skills and confidence to cope with the many pressures and challenges of modern society. Learning about friendships and family in RSHE are the building blocks to help children to understand themselves and others. Children are prepared for the physical and emotional changes they undergo at puberty. RSHE equips our pupils with the information, skills and positive values to have safe, fulfilling relationships. It provides a positive view of human sexuality and dignity of the human person; equips pupils with the ability to make practical judgements about the right thing to do in particular circumstances and explores and promotes virtues which are essential to promoting respect and dignity. All of this is achieved within the doctrine of the Catholic Church, faithful to the Church's vision of human wholeness whilst recognising the contemporary context in which we live in today.



## RSHE : IMPLEMENTATION



RSHE is taught as explicit lessons, but is also embedded in the day-to-day life of our school virtues. All members of staff have received in-house and online CPD (via our programme of study Ten Ten) to support children in responding to the needs of the individual child and in dealing with any questions or concerns they may have. If staff feel uncomfortable or unsure when delivering the RSHE curriculum or dealing with individual pupil needs, they know where to seek advice and support. The RSHE curriculum has been mapped out clearly with cross-curricular links to PSHE, science, computing and national themed weeks. These are delivered at the appropriate stage for our children and are supported specifically by a very thorough, spiral programme of learning from the **Life to the Full** programme based on the structure of 'A Model Catholic RSE Curriculum' by the Catholic Education Service. The comprehensive programme of study covers all of the statutory elements of RSHE and more.

Our high expectations of behaviour, interpersonal relationships, respect and tolerance of others reflect the British Values upheld in both our community and the wider world. Through our rigorous and progressive curriculum, children develop key skills and are prepared for the wider world beyond primary school, a world in which they can keep themselves safe and healthy and thrive with the support of the positive relationships they forge with those around them.

RSHE is taught in three modules across the primary school from EYFS to UKS2:

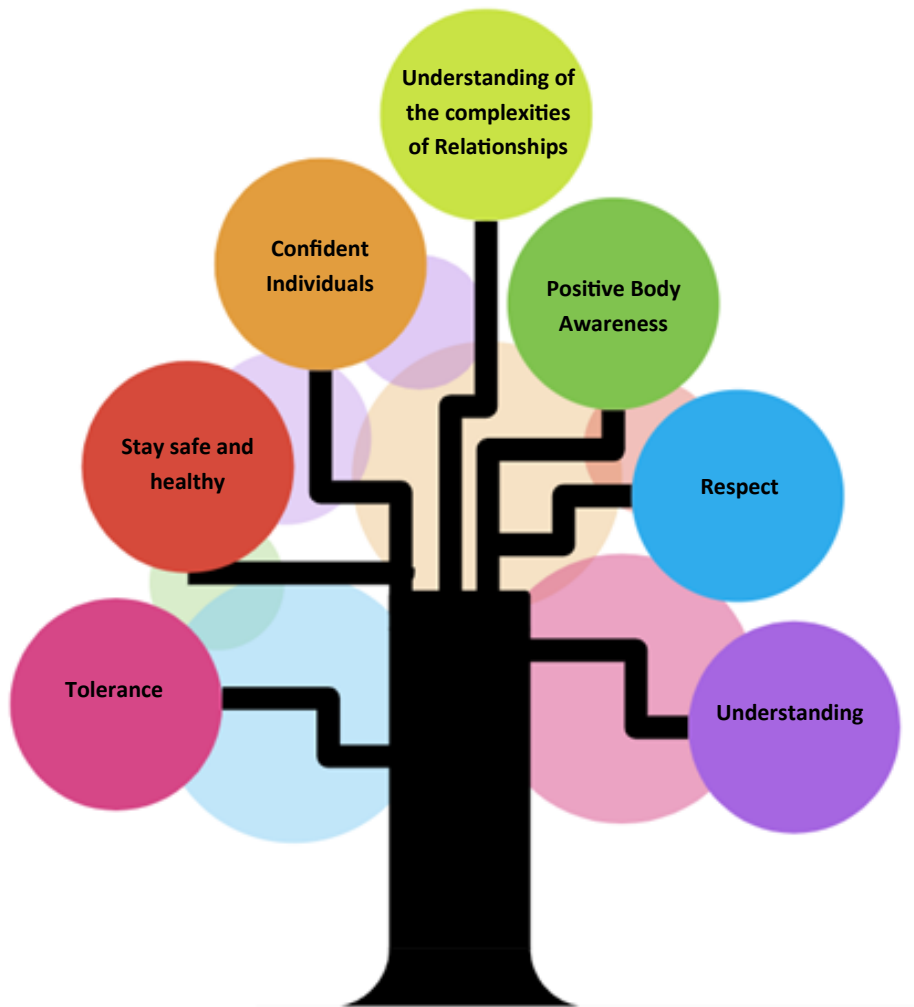
Module 1: Created and Loved by God

Module 2: Created to Love Others

Module 3: Created to Live in Community



# RSHE : IMPACT



The impact of our curriculum will be that the standards of attainment across the school will meet or exceed those which are expected of our children nationally. We assess the implementation and impact of our RSHE curriculum regularly through the **Life to the Full** programme in order to achieve the highest possible outcomes across all year groups and to ensure that we provide the support necessary for all children to develop a sound understanding of the complexities of relationships and how they grow and change, and a secure knowledge and skills base to navigate their way through these complexities, now and in the future. Through our RSHE curriculum, we believe we can enhance our children's education and enable them to become confident individuals who have positive body awareness, an in-depth knowledge of how to keep themselves safe and healthy and who will -through respect, tolerance and understanding- forge and maintain positive relationships with a diverse range of family and friendships groups.