

# PE at Ladymount – 2023 - 24

	Autumn Term	Spring Term	Summer Term
Foundation 2	<ul style="list-style-type: none"><li>• Fundamental Skills</li><li>• Forest School</li><li>• Dance</li></ul>	<ul style="list-style-type: none"><li>• Gymnastics</li><li>• Forest School</li><li>• Fundamental Skills</li></ul>	<ul style="list-style-type: none"><li>• Athletics</li><li>• Forest School</li><li>• Games</li></ul>
Year 1	<ul style="list-style-type: none"><li>• Fundamental Skills</li><li>• Health and Fitness</li><li>• Dance</li><li>• Games</li></ul>	<ul style="list-style-type: none"><li>• Gymnastics</li><li>• Games</li><li>• Coordination (Tennis)</li><li>• OAA</li></ul>	<ul style="list-style-type: none"><li>• Golf</li><li>• Athletics</li><li>• Forest School</li><li>• Quidditch</li></ul>
Year 2	<ul style="list-style-type: none"><li>• Fundamental Skills</li><li>• Health and Fitness</li><li>• Dance</li><li>• Games</li></ul>	<ul style="list-style-type: none"><li>• Gymnastics</li><li>• Games</li><li>• Coordination (Tennis)</li><li>• Linking Actions – Basketball / Cricket</li></ul>	<ul style="list-style-type: none"><li>• Golf</li><li>• Athletics</li><li>• Forest School</li><li>• Quidditch</li></ul>



	Autumn Term	Spring Term	Summer Term
Year 3	<ul style="list-style-type: none"> <li>• Sending and Receiving – Tag Rugby / Tennis</li> <li>• Health and Fitness</li> <li>• Dance</li> <li>• Golf</li> </ul>	<ul style="list-style-type: none"> <li>• Gymnastics</li> <li>• Keeping Possession – Hockey / Netball</li> <li>• Linking Actions – Basketball / Cricket</li> <li>• OAA</li> </ul>	<ul style="list-style-type: none"> <li>• Golf</li> <li>• Athletics</li> <li>• Forest School</li> <li>• Quidditch</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• Sending and Receiving – Tennis / Rounders</li> <li>• Health and Fitness</li> <li>• Dance</li> <li>• Keeping Possession – Football / Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Gymnastics</li> <li>• Golf</li> <li>• Linking Actions – Tag Rugby / Hockey</li> <li>• OAA</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Badminton</li> <li>• Quidditch</li> <li>• Forest School</li> </ul>
Year 5	<ul style="list-style-type: none"> <li>• Creating and Closing Space – Tag Rugby / Netball</li> <li>• Health and Fitness</li> <li>• Dance</li> <li>• Golf</li> </ul>	<ul style="list-style-type: none"> <li>• Gymnastics</li> <li>• Badminton</li> <li>• Tactics and Strategies – Hockey / Basketball</li> <li>• OAA</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Linking Actions – Cricket / Football</li> <li>• Quidditch</li> <li>• Forest School</li> </ul>
Year 6	<ul style="list-style-type: none"> <li>• Creating and Closing Space – Tag Rugby / Football</li> <li>• Health and Fitness</li> <li>• Dance</li> <li>• Golf</li> </ul>	<ul style="list-style-type: none"> <li>• Gymnastics</li> <li>• Linking Actions – Hockey / Tennis</li> <li>• Tactics / Strategies – Basketball / Netball</li> <li>• OAA</li> </ul>	<ul style="list-style-type: none"> <li>• Athletics</li> <li>• Badminton</li> <li>• Quidditch</li> <li>• Forest School</li> </ul>

