



Ladymount Catholic Primary School  
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Headteacher:  
Miss N Turner

3.2.23

Dear Parents and Carers,  
I hope that you have all had a good week. The children have enjoyed a range of number related activities today as we marked NSPCC Number Day.  
Next week it is Place2Be's Children's Mental Health Week. There is a 'Tips for Parents and Carers' guide attached to this newsletter.

### Year 3 / 4 PSHE

Over the coming weeks, year 3&4 will be working with their teachers to explore emotional wellbeing.

These statutory lessons include:

- \*Making judgements on acceptable and unacceptable physical contact.
- \*How to respond to the above.
- \*Recognising abuse, and the different types to be aware of (physical and emotional for example).
- \*Identifying trusted people that can help us.

Year 4 - will also learn the biological names for male and female anatomy and will begin to discuss the changes that will happen during puberty. This will be later in the year.



### Make Up and Jewellery

Children should not be wearing make up or jewellery at school for health and safety reasons. Children can wear a small set of plain studs for the first six weeks after they have had their ears pierced. During this time their ears should be covered with tape before coming into school. Earrings should be removed for school after the first six weeks.

### Plas Caerdeon Payments

Parents / carers of the children in Year 6 are now able to make payments for their trip to Plas Caerdeon which will be taking place in June. The balance which needs to be paid is £280 (£140 for children in receipt of Pupil Premium). Payments should be paid in the payments section of the Schoolgateway app.



### Year 5 Trip – Matilda

We have received an invitation from Pensby High School for our **Year 5** pupils to go and watch their school production of Matilda on Tuesday 14th February in the morning. We have accepted this generous invitation and will be walking the children down to Pensby ready for the start of the performance at 10am. Please complete the Google form [Matilda](#) to confirm that you give permission for your child to attend and also please let us know if you are available that day yourself to help as we need a few volunteers to walk down with the children.



### Dance Club – February Half Term

Shadow Dance, who run the after school dance club on a Monday evening, will be running an activity camp during February half term. A flyer giving the details of the form are attached to this newsletter.



### Alive Community Church – Food Drive

We have been approached by Alive Community Church to support their Food Drive. They are asking for donations of non-perishable foods (see list) which will then be distributed to the Foodbank and some of the other social supermarkets in Wirral.

If you would like to donate to the food drive please send donations into school with your child – there will be a collection box in the front entrance.

The last day for donations will be Friday 17<sup>th</sup> February, thank you.



### Handball Club

We are very excited to announce that we will be offering a six week after school Handball club for children in Year 3, 4, 5 and 6. This club will start on Wednesday 1st March from 3.25pm to 4.30pm and the final session will be on Wednesday 5th April. There will be a £20 charge for this club to cover the cost of the visiting coaches. If you would like your child to join the handball club please book their place in the 'Clubs' section of the Schoolgateway app, thank you.



### Extra- Curricular Activities – Week Beginning 6<sup>th</sup> February 2023

<b><u>Monday</u></b>	Pilates (6:00pm) Dance (Years 1, 2, 3 and 4) Girls Football
<b><u>Tuesday</u></b>	Chess (after school)
<b><u>Wednesday</u></b>	
<b><u>Thursday</u></b>	Mini Vinnies (lunch time) Choir (after school)
<b><u>Friday</u></b>	Yr 4 / 5/ 6 Cross Country (lunch time)



The theme of this week's Wake Up Wednesday is - Tips for Encouraging Open Discussions about Digital Lives



### Ten:Ten February Newsletter

Please follow the link to read the January newsletter from Ten:Ten. The newsletter will give you an insight into the themes that will be covered in Prayer and Liturgy sessions in school this month so that you can support your child in this area.

<http://www.tentenresources.co.uk/prayers-for-home/parent-newsletter/>



### Parent Questionnaire

Thank you to all parents who completed the Parent Questionnaire. The questionnaire is now closed and the results will be published in the next few weeks.

### Fencing Club

#### **Little Musketeers – Ladymount Primary Years 3,4,5,6 Breakfast School Class Summer Term 2023**

Little Musketeers is an exciting club offering a fun, safe and educational environment for young children to learn the sport of fencing.

Little Musketeers provide bright colour foam and plastic foils and plastic masks with mesh visors that are safe and yet hard enough to give children the real feel of fencing. Visors are worn at times giving peace of mind as well as that genuine fencing experience.

**Course details: Start date 08.00 – 08.45 Monday 27<sup>th</sup> February – 3<sup>rd</sup> April for 6 weeks - Cost per child £24.00**

#### **Booking process**

Please send an email to [barry@littlemusketeers.com](mailto:barry@littlemusketeers.com) including the child(ren)s name, age, relevant medical information and an emergency contact name and telephone number.

Alternatively, you can call or text Barry on 07908154958.

**Please do not hand payment to school.**

Payment can be made by BACS transfer to:

A&B Elite Sports LTD

Sort Code 04-06-05

Account 19655618

Please use your child(ren)s name as reference.



WEEK 2				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Quorn Lasagne</b> <i>Quorn mince cooked with onions, garlic, tomatoes and herbs then layered between sheets of pasta and topped with a béchamel sauce, grated cheese and baked in the oven served with garlic bread.</i>	<b>Minced Beef and Onion Pie</b> Choose from minced beef or Quorn mince cooked with onions, carrots and stock, baked in the oven with a pastry top served with diced potatoes.	<b>Margarita Pizza</b> <i>A wholemeal margarita pizza with extra topping served with a cold pasta salad.</i>	<b>Creamy Chicken Curry</b> <i>Choose from chicken pieces or Quorn pieces cooked with onions cooked with onions, garlic, turmeric, coriander, coconut milk and natural yoghurt. Served on a bed of rice with naan bread.</i>	<b>Fish &amp; Chips</b> <i>Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven &amp; served with chips</i>
Served with				
Carrots	Peas	Mixed Salad	Spinach	Peas
Or				
<b>Jacket Potatoes</b>				
<i>Choose from fillings of tuna and mayonnaise or cheese served with salad</i>				
Or				
<b>Deli Bar</b>				
For dessert				
Dessert of the day				
And finally, a drink				
A selection of the following drinks will be available daily – milk, water or juice.				

Have a lovely weekend,

*N. J. Turner*  
Headteacher

### Dates for Your Diary

<u>Date</u>	<u>Event</u>
14.2.23	Year 5 trip – Matilda at Pensby High School
14.2.23	Valentine's lunch
1.3.23	Opportunity to look at children's books before PTIs (3:30pm – 4:15pm)
6.3.23	PTI's (3:40pm – 6:00pm) (Ladybirds – Yr 6)
7.3.23	PTI's (3:40pm – 6:00pm) (Ladybirds)
8.3.23	PTI's (3:40pm – 6:00pm) (Yr1 – Yr6)